



FINANCE AND ADMINISTRATION CABINET  
KENTUCKY HIGHER EDUCATION ASSISTANCE AUTHORITY

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**FOR IMMEDIATE RELEASE**

**‘Surviving College’ booklets can help freshmen, adults**

**FRANKFORT, Ky. (March 16, 2016)** — “Surviving College,” a guide that helps college freshmen succeed during their first year on campus, is available free from the Kentucky Higher Education Assistance Authority (KHEAA).

The 36-page booklet includes sections about:

- Majors and class schedules.
- Staying healthy and safe on campus.
- Learning styles and study tips.
- Campus life.
- Financial basics.

KHEAA also provides “Surviving College for Adults,” geared toward nontraditional students.

To order a free copy, email [publications@kheaa.com](mailto:publications@kheaa.com). Please include your mailing address.

Online versions of both are available on [www.kheaa.com](http://www.kheaa.com).

KHEAA is the state agency that administers the Kentucky Educational Excellence Scholarship (KEES), need-based grants and other programs to help students pay their higher education expenses.

To learn how to plan and prepare for higher education, go to [www.gotocollege.ky.gov](http://www.gotocollege.ky.gov). For more information about Kentucky scholarships and grants, visit [www.kheaa.com](http://www.kheaa.com); write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

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